LCA PAIN CLINIC INSTRUCTIONS (St. Luke's Interventional Pain Service)

1.)	Your appointment is scheduled on				
		Day	Date		
	Patient must arrive at the Pain Clinic at			_am/pm.	

Please call (319) 743-7301 if you need to reschedule. A fee will apply if you miss this appointment without providing 24 hours notice.

- 2.) If an injection is done, patients must:
 - Have a driver to take them home.
 - Have a responsible adult to check on them for 24 hours after the procedure.
- 3.) Please complete the attached Pain Assessment form before you arrive at the Pain Clinic.
- 4.) Eating/Drinking instructions (if a procedure may be performed)
 - NO solid foods 6 hours before appointment
 - Clear liquids up to 2 hours before appointment
 - (This means nothing by mouth 2 hours before your appointment)

5.) Medications:

- If you are taking any blood thinners, such as Coumadin, Plavix, Aggrenox, Pradaxa, Effient, Xarelto, Brilinta (Ticagrelor), or any other blood thinner, please call the Pain Clinic at (319)369-8204.
- Aspirin: Do not take any aspirin or aspirin-containing products during the 24 hours prior to your appointment.
 Other pain medicines (ibuprofen, acetaminophen, naproxen, etc.) may be taken through your appointment time
- If you have an infection, running a temperature, or taking an antibiotic please call the Pain Clinic at (319)369-8204.
- Diabetics: Contact the Pain Clinic for instructions at (319)369-8204 at least two days prior to your appointment.
- Insulin dependent diabetics: Check a morning blood sugar at home the day of your appointment. Call the Pain Clinic at (319)369-8204 if your blood sugar is greater than 250 mg/dl.
- Please take all other morning medications with water (small amount).

6.) Questions:

- For questions concerning medications, eating/drinking instructions or directions, call the Pain Clinic at 369-8204 or (800)369-7211 (M-F, 9:00-5:00)
- For scheduling questions call (319) 743-7301 or (800)330-9849 (M-F, 9:00-5:00)
- Additional information is available on our website: www.cr-painclinic.com

7.) Directions:

Use the St Luke's parking ramp behind the hospital (on the interstate side). Park on the 4th or top level of the ramp. Register in the SurgiCare Lobby. There is a map on the back of this sheet.

- 8.) To schedule a follow-up visit at the Pain Clinic:
 - Future visits to our Pain Clinic must be authorized by Pain Clinic personnel or by your referring physician. (Please have your referring physician contact the scheduling office to authorize future visits.)
- 9.) It is the patient's responsibility to check with their insurance/work comp carrier to determine whether precertification/pre-authorization is needed. If so, notify your doctor's office prior to the procedure. Referral authorization should be faxed to Linn County Anesthesiologists, Inc (319)743-7311.

