



## St. Luke's Interventional Pain Service

(St. Luke's Interventional Pain Service) Pain Clinic Instructions

1. Your appointment is scheduled on \_\_\_\_\_  
Day Date

Patient must arrive at the Pain Clinic at \_\_\_\_\_ am/pm. **Please call (319) 369-8204 if you need to reschedule.**

2. If an injection is done, patients must:

- Have a driver to take them home.
- Have a responsible adult to check on them for 24 hours after the procedure.

3. Please complete the attached Pain Assessment form before you arrive at the Pain Clinic. If you do not have this form, it is available on our website: [www.cr-painclinic.com](http://www.cr-painclinic.com)

4. Eating/Drinking instructions (if a procedure may be performed)/

- NO solid food 6 hours before appointment
- Clear liquids up to 3 hours before appointment
- (This means nothing by mouth 3 hours before your appointment)

5. Medications:

- If you are taking any blood thinners, such as **Coumadin, Plavix, Pletal, Pradaxa, Effient, Xarelto, Brilinta (Ticagrelor), Eliquis, Lovenox** or any other blood thinner, please call the Pain Clinic at (319) 369-8204.
- Aspirin: Do not take any aspirin or aspirin-containing products 72 hours prior to your appointment. Other pain medicines (ibuprofen, acetaminophen, naproxen, etc.) may be taken through your appointment time.
- If you have an infection, are running a temperature, or **taking an antibiotic** please call the Pain Clinic at (319) 369-8204.
- Diabetics: Contact the Pain Clinic for instructions at (319) 369-8204 at least two days prior to your appointment.
- Insulin dependent diabetics: Check a morning blood sugar at home the day of your appointment. Call the Pain Clinic at (319) 369-8204 if your blood sugar is greater than 250 mg/dl.
- Please take all other morning medications with water (small amount).

6. Questions:

- For questions concerning medications, eating/drinking instructions or directions, call the Pain Clinic at (319) 369-8204 (M-F 8:00-4:30)
- For scheduling questions call (319) 369-8204
- Additional information is available on our website: [www.cr-painclinic.com](http://www.cr-painclinic.com)

7. Directions:

Park at either the West End visitor parking ramp, handicap parking, or use the complimentary valet parking (available 7:30 am – 2:00 pm) Enter through the rotating doors at the main (West) entrance. **Register at the West Desk.** After registering take the Elevator A to the 5<sup>th</sup> floor, Suite 5000.

8. To schedule a follow-up visit at the Pain Clinic:

Future visits to our Pain Clinic for the same pain problem can be authorized by Pain Clinic personnel for up to three years from your first visit. Please call the Pain Clinic for authorization and an appointment. If you have a new/different pain problem, your referring physician must contact the Pain Clinic with a new referral.

9. It is your responsibility as the patient to check with your insurance/worker's comp carrier to determine whether pre-certification/pre-authorization is required. If needed, please contact your doctor's office to assist you with this process. Referral authorizations should be faxed to the Pain Clinic at (319) 368-5609.

**Billing and Administrative Services Provided by LCA, P.L.C.**  
**1550 Boyson Rd. Hiawatha, IA 52233-2362**  
**[www.cr-painclinic.com](http://www.cr-painclinic.com)**